

# H. F. A. R. METHOD

**H** = Highlight "Highlight the passage in your bible."

Example Phil. 4:13

*"I am able to do all things through him who strengthens me."*

**E** = Explain "Simply write out what the passage is saying in your own words."

*Paul was telling the church that he has discovered the secret of contentment. No matter the situation in Paul's life, he realized that Christ was all he needed, and Christ was the one who strengthened him to persevere through difficult times.*

**A** = Apply "How can you apply this to your life today?"

*In my life, I will experience many ups and downs. My contentment is not found in circumstances, rather it is based on my relationship with Jesus Christ. Only Jesus gives me strength that I need to be content in every situation.*

**R** = Respond "What is your response to reading this passage?"

*Lord Jesus, please help me as I strive to be content in you. Through your strength, I can make it through any situation I face.*



# Christmas



- Day 1. Isaiah 7:14
- Day 2. Isaiah 9:6-7
- Day 3. Isaiah 11:1
- Day 4. Micah 5:2
- Day 5. Genesis 49:8-10
- Day 6. Matthew 1:1-6
- Day 7. Matthew 1:6-11
- Day 8. Matthew 1:12-17
- Day 9. Matthew 1:18-25
- Day 10. John 1:1-5
- Day 11. John 1:6-12
- Day 12. John 1:13-18
- Day 13. Luke 1:5-7
- Day 14. Luke 1:8-17
- Day 15. Luke 1:18-25
- Day 16. Luke 1:26-38
- Day 17. Luke 1:39-45
- Day 18. Luke 1:46-56
- Day 19. Luke 1:57-66
- Day 20. Luke 1:67-80
- Day 21. Luke 2:1-7
- Day 22. Luke 2:8-14
- Day 23. Luke 2:15-20
- Day 24. Christmas Day
- Day 25. Luke 2:21-25
- Day 26. Luke 2:26-32
- Day 27. Luke 2:33-35
- Day 28. Luke 2:36-38
- Day 29. Luke 2:29-40

\*sundays are off days