



Here is a Faith Talk to encourage your family
as we head into fall. **Preschool families,**
read only the **bolded sentences** as a way
to make it simpler for your child.

Have you ever thrown a Frisbee? It's a fun toy to play with,
and if you throw it right, it can look like it is floating through the air.
Try tossing it around right now!

It's pretty amazing that it can glide through the air so easily. But what's holding it up?
Throw the Frisbee again and watch closely. Can you see anything surrounding the frisbee to help it fly?

Your Frisbee may seem like a pretty simple toy, but there is actually a lot of science behind it.

Ready for a quick physics lesson? According to something called the Bernoulli Principle,
the air pressure on top of the Frisbee is lower than the air pressure underneath the Frisbee.

That means it is able to fly through the air with ease!

So, let's ask the question again: **what is holding the Frisbee up? Air! But can you see the air surrounding the Frisbee? No. You know air exists and you can see the effects of air, like when leaves blow in the wind or when someone blows up a balloon or when a frisbee is tossed. But you don't actually see the air.**

Psalms 125:1-2 says: *"Those who trust in the Lord are like Mount Zion. It cannot be shaken; it remains forever. Jerusalem—the mountains surround her. And the Lord surrounds His people, both now and forever."*

Just like these verses mention, the city of Jerusalem is surrounded by mountains. And just like mountains surround Jerusalem, and air surrounds a Frisbee, the Lord surrounds His people.
But, like the air that surrounds the Frisbee, you can't always see God surrounding you and holding you up.

Nonetheless, He is. **God is all around us, taking care of us.**

Even when you can't see God, you can trust that He is there taking care of you.

What are some ways that you can see God taking care of you?

As the school year continues and fall begins, **don't forget that**

God is surrounding you. He is taking care of you.

Even when you can't see Him, He is holding you up.

Take a few minutes to thank God for surrounding you.