

Invitation to Rest

Read Matthew 11:28-30: ***“Come to me, all of you who are weary and burdened, and I will give you rest. Take up my yoke and learn from me, because I am lowly and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”***

Jesus tells us to come to Him. We are invited into a relationship with Jesus and we are not asked to do anything or change anything before we respond to His invitation. Jesus welcomes us into His presence regardless of how we feel or the burdens of pain or sin that we are carrying. Jesus welcomes us and promises that He will give us “rest.” We can stop striving and depend on His grace, His power, His provision for our lives.

Prayers of Surrender

Let’s spend some time today confessing our need for the Lord and the rest for our souls that He offers. Complete the sentence with an attitude of surrender:

Lord, I surrender _____. Fill in the blank with one word (a burden you are carrying, a struggle or sin you are battling, any striving or performance you need to surrender).

Prayers of Confession

Psalm 63:1 says ***“God, you are my God; I eagerly seek you. I thirst for you in a land that is dry, desolate, and without water.”*** Our hearts are desperate for God yet we turn to many things in an attempt to quench our thirst.

Let’s spend some time confessing our desperate need for God – crying out to God by confessing our need for Him. Fill in the blank with a prayer of confessing your need for God.

Lord, I confess that I need you to _____. Let’s take a moment and confess our need for God in our families, church and community.

Prayers of Intercession

Now let’s intercede in prayer for our homes, church and community. Fill in the blank with one word or sentence as we intercede for others.

Lord, we confess that we need you to _____ in our homes, church, community.

Prayers of Thanksgiving

Let’s thank the Lord for his invitation to come to Him, to find rest in Him and to receive true fulfillment through a relationship with Him.



Provided by Kingsland Baptist Church