

Prayer to Receive Rest

“Come to me, all of you who are weary and burdened, and I will give you rest. Take up my yoke and learn from me, because I am lowly and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light” (Matthew 11:28-30).

Dear God,

I am tired of being tired all the time. I'm tired of trying to control everything. I'm tired of a life without rest and peace and margin.

Forgive me for times I've turned to other things for rest instead of turning to You. Forgive me for allowing my insecurities and ego to take on more activities than I can possibly manage. Forgive me for filling my life with less important things so that I have no time for what matters most. Forgive me for arrogantly thinking I could control all these things in the first place.

Today I come back to You. I want You to be the pacesetter of my life. I want to learn from Your model, Jesus. I want to be gentle and humble like You so I can have the peace that You offer.

In Jesus' Name, Amen.



Provided by Kingsland Baptist Church