

Breakthroughs Couples Questions

Lesson 7

Dear Couples,

Attending Breakthroughs together is a great way to deepen your relationship with God and one another. We put together a few questions each week for you to discuss together. These questions are intended to help you grow closer to one another as you share what God is doing in your lives.

For some couples, it will be a challenge to share because of either hurt in your marriage or because sharing is relatively new to you. Other couples will share more with one another than these questions offer. Wherever you are in your relationship with your spouse is the place to start. We are all growing and being in Breakthroughs together speaks volumes about what God is already doing in your marriage!

Scripture makes it clear that we are in a spiritual battle and obviously the enemy is against marriages. That means the enemy is against your marriage. Breakthroughs will help you learn to fight spiritual battles so that you can experience the blessings God intends for your marriage!

Weekly Questions for Couples – Lesson 7

1. What are your thoughts about how strongholds are built in our lives?
2. Do you recognize any arguments or proud things the enemy is using to build strongholds in your life?
3. How have you been doing with the workbook? If you are struggling with this, discuss how you can support each other in making the workbook more of a priority.
4. What are some ways that you as a couple can encourage one another in your freedom journey?
5. Take a few moments to share with each other anything specific for which you would like prayer.

Prayer: If you are comfortable, pray together as a couple. Ask God to work in your hearts and marriage. Thank God for the gift of your spouse and marriage. Ask God to heal any hurt in your marriage, bless your spouse and help you love your spouse with His love.