



# BREAKTHROUGHS

FINDING FREEDOM AND TRUE  
FULFILLMENT IN JESUS

INTRODUCTION



## WHAT TO EXPECT

- **JESUS**

"The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners" (Isaiah 61:1).

- **FREEDOM**
- **HEALING**
- **OPPOSITION**
- **EMOTIONS (PAIN & SORROW / JOY & RELIEF)**
- **GOD IN A DEEPER WAY**
- **THE SPIRIT TO SPEAK TO YOU**

# WHAT IS FREEDOM?

Common Language

## FREEDOM

God's gift to every believer that tears down the strongholds in our lives so that we can live the life we were created to live.

## TRUTH

Truth = The Word of the Lord that you adopt.

## LIE

Lie = A word spoken over you by the enemy that you adopt.

## STRONGHOLDS /WALLS

An unhealthy mindset that separates us from living the life we were created to live.

## BREAKTHROUGH

What we experience when our strongholds are torn down in our lives.

# CONCEPTS IN BREAKTHROUGHS

- Freedom - what is it and how do I walk in freedom
- Strongholds – what are they and how are they built
- Identity in Christ
- Spiritual Warfare – how to stand firm in the battle
- How does God heal us of past wounds
- How to listen to the Spirit
- How to connect with God – our Father more deeply
- How and why do we need to tell our story
- How our freedom impacts others – especially our family

# SCHEDULE



**6:00 - 6:15**

Prayer and Worship

**6:16 - 6:45**

Large Group Teaching

**6:45 - 7:30**

Small Group

## **LARGE GROUP LESSON**

- Lesson prepares us for the workbook lesson
- Lessons include material not in the workbook

## **THE WORKBOOK**

- Your alone time with God
  - One Lesson in the workbook per week
  - Lessons can be done at one time or during the week
  - Pray before you start
  - Be honest - Open your heart to God
  - Expect God to lead you to Freedom
  - You do not need to share your answers In small group
- Couples questions are available

## **LARGE GROUP LESSONS AND WORKBOOK**



# SMALL GROUPS



- People love small group time
- We are created for Community - Not Isolation
- Freedom comes when we share
- Small Group guidelines keep us on track
- Questions help lead the discussion
- We learn and grow from hearing others share

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# Our Freedom Journey

- Jesus is passionate to heal us and set us free
- God directs our freedom journey
- The Spirit is with us – lives in us

Prayer: God, thank you for pursuing my heart. Thank you for sending Jesus to give His life for me. I need you to give me a desire to walk this journey to freedom with you. I need you to give me a vision to see myself and my life transformed by the power of the Gospel. I don't have the power to change my heart or my life. Holy Spirit, fill me and anoint me to walk in truth. I submit my life and this journey to freedom to you. I choose to trust you and at the same time need you to help me trust you. In Jesus Name, Amen.

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