

Breakthroughs Small Group Discussion Questions

Lesson 7- Strongholds Pt. 1

Start your group tonight in prayer. Ask the Spirit to lead and direct your time together.

1. How is God speaking to you through the large group lesson?
2. When you think about how strongholds are built, how does this make you feel about the strongholds in your life?
3. Can you identify a particular lie that you believe that has impacted your life? If so, briefly share with your group.
4. In your words, what is shame?
5. We are learning that the fruit of shame (what we do in response to shame) is to hide from God and others. How much do you think shame has impacted your relationship with God? What about with others?
6. We learned tonight that sharing our pain and struggles leads to freedom from shame. How can you see our small group as a way God is working in your life to lead you to freedom from shame?
7. Would you like prayer over something specific?

Prayer: Close your group by praying for healing and freedom from shame.