

Breakthroughs Small Group Discussion Questions

Lesson 8 - Strongholds Pt. 2

Begin your small group time in prayer. Ask the Spirit to speak to the men/women in your group and to help the men/women share what God is revealing to them.

1. Fear of Man is a common stronghold and it affects us in a variety of ways. What is something you heard in our large group lesson/video that stood out to you about the Fear of Man?
2. What are one or two ways Fear of Man impacts your life?
(Examples: relationships with other people; feelings/thoughts you have about yourself; performance; people pleasing; striving, etc).
3. Can you relate to “an orphan spirit”? If so, how has the “orphan spirit” impacted your relationship with God?
4. How does hearing that you’ve been given “A Spirit of Adoption” make you feel?
5. What do you need to do this week to help you walk in the truth of your identity as an Adopted son/daughter of God?
6. As God’s son/daughter, what lie do you want Jesus to set you free from?

Prayer: Ask God to heal the men/women’s hearts of wounds and rejections. Pray for God to set the men/women in your group free from the lies of the enemy and help them receive their identity in Christ – sons and daughters.