

COMMUNICATION AND YOUR FAMILY

WHAT IS YOUR #1 PROBLEM IN YOUR HOME?

Is it communication?
YES OR NO

Our goal is to CONNECT more than we CORRECT in our communication. How does this look in your home?

There is power in our words. What nicknames do you have for your kids? Does that nickname build them up or tear them down?

KEYS TO SUCCESSFUL COMMUNICATION

Ask Good Questions. What are some keys to asking good questions?

Be a Good Listener. What areas do I need to work on when it comes to listening?

Brad said, **"On our kid's worst day and best day, we want our kids to come to us."** How are you fostering this type of culture in your home?

WHAT ARE THE BEST TIMES FOR CONVERSATIONS IN YOUR HOME?

circle all that apply

- | | | |
|----------|------------|----------|
| MEALTIME | MORNINGS | EVENINGS |
| CAR TIME | ONE-ON-ONE | OTHER |

