

GRACE BASED DISCIPLINE

GROUP DISCUSSION QUESTIONS

- 1 Take a few moments and redefine what Grace Based Discipline means in your own words?
- 2 How does it look, in your family, to discipline each child based on their personality and needs?
- 3 When tagging behavior, you have to keep in mind to separate behavior and identity. Behavior is actions and conduct. Identity is who you are. Why is it often difficult to separate the two?
- 4 What is the benefit to saying 'yes' more versus saying 'no' more?
- 5 When it comes to discipline, what are some hard rules you have established? What are some loose rules you have established?