## Abide Prayer Guide: Peace in Chaos

Let’s begin ABIDE by lifting up prayers of praise and thanksgiving to Jesus for how our lives are forever changed because of Him.

### Prayers of Praise & Thanksgiving

*Because of our God’s merciful compassion, the dawn from on high will visit us to shine on those who live in darkness and the shadow of death, to guide our feet into the way of peace.* (Luke 1 78-79)

**Prayer:** Jesus, thank you that even when we think we are hidden from your sight, your love breaks into our darkness and lights up all that overwhelms us. Father, because we are your sons and daughters, we can walk in peace no matter our circumstances as we focus on you. You are the Light of the World, You are Peace. Lord, thank you that you are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (name an attribute of Jesus you are thankful for).

### Prayers for our Hearts

*For those who live according to the flesh have their minds set on the things of the flesh, but those who live according to the Spirit have their minds set on the things of the Spirit. Now the mindset of the flesh is death, but the mindset of the spirit is life and peace.* (Romans 8:5-6)

**Prayer:** Father, your silence is not absence. You are not bound by time or space. You are everywhere, surrounding us and within us. Help me to call on your name for relief from the chaos of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (name an area of your life where you’re experiencing chaos). Father, we trust that you hear the cries of our hearts. Help us to set our minds on your Spirit. Father, separate us from what overwhelms our hearts so that we can see clearly and follow your lead.

### Prayer for Others

*He came and proclaimed the good news of peace to you who were far away and peace to those who were near. For through Him we both have access in one spirit to the Father.* (Ephesians 2:17-18)

**Prayer:**God, you are not a God of chaos. You are not a God of destruction, confusion, gloom, or disorder. Will you reveal your peace to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (silently name individuals, families, communities the Lord brings to your mind) who is walking through a difficult season. Protect them from believing the lie that they must put their head down and endure the chaos until it passes. Cause your Spirit to overcome their doubts and lift their head as they experience your peace, strength, and contentment while standing in the midst of a difficult season. Father, would you reveal your peace and power to those who have yet to ever experience your peace.

### Closing

Father, we rest in your sovereignty. We rest in your control and your goodness. You are working all things out for our good within the perfect will you’ve placed over each of our lives. You forever reign, you forever are the peace within our souls and we give you all the glory.

**Closing Prayer:** Father God, thank you for never leaving us alone to face chaos on our own. You are alive within us, you’re the Living God.  We thank you that we can call upon you in every moment while clinging to your promises of peace.