

# CROSS OF CHRIST PRAYER



The Cross of Christ Prayer is a prayer that we can pray to help us as we pray for another person. This prayer is especially helpful when someone shares a heavy burden with us or is experiencing spiritual warfare. The Cross of Christ is a powerful reminder to us that we need Jesus as we pray for someone. We need Jesus to guide and protect us, and the Spirit to pray through us.

## Principles:

You do not have the power to heal another person, set another person free, or take on another person's pain, sin, abuse, darkness, trauma, or warfare – but Jesus does. You are putting yourself behind the Cross. Jesus before you—His protection, His power, His finished work on the Cross covers you.

In view of the Cross, you can listen with an awareness of God's presence, His power to heal and set free and a reliance on the Spirit to work through you to lead the person to Jesus.

## Our Hearts:

1. Be humble. Ask the Spirit to help you as you pray.
2. Point people to Jesus. People may look to us instead of Jesus to heal them.
3. Thank Jesus for His presence and power after you pray for someone.
4. Surrender the person and their needs to Jesus. Taking on things that Jesus took on at the cross opens us up to emotional fatigue, pride, and spiritual warfare.

## Prayer:

Lord, thank you for being present. Holy Spirit, fill me and guide my heart and mind as I pray. I put the Cross of Christ between me and \_\_\_\_\_. I do not have the power to heal, set free, or carry these burdens. Jesus, thank you that You took on their pain, sick, death, infirmity, sin, bondage, addiction, trauma, wounds, darkness, shame, rejection, pride, and fear and You conquered it all through Your death and resurrection on the Cross. I look to You and the Cross and place myself behind You. Thank you for Your protection over my heart, mind and body. Holy Spirit, help me to hear Your voice and lead me as I pray.

## Scriptures:

So, if you have been raised with Christ, seek the things above, where Christ is, seated at the right hand of God. Set your minds on the things above, not on the earthly things. For you died, and your life is hidden with Christ in God (**Colossians 3:1-3**).

I have been crucified with Christ, and I no longer live but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave Himself for me (**Galatians 2:20**).