

OUR FAMILY ATHLETIC COMMITMENTS

Parent(s)

- I commit to maintaining a positive and encouraging attitude.
- I aspire to keep a healthy perspective - putting the Gospel and love of Jesus before my desire for wins and record breaking careers.
- I understand that losses and mistakes are inevitable and a natural part of athletics and competition. I will not dwell on losses/mistakes.
- I desire to model healthy & humble competitive focus for my child. If I lose my cool, I will own it, apologize, and seek to improve.
- I commit to helping my child improve his/her skills and knowledge, but not at the expense of our relationship.

Athlete

- I commit to maintaining a positive and encouraging attitude.
- I aspire to keep a healthy perspective - putting the Gospel and love of Jesus before my desire for wins and record breaking careers.
- I understand I will lose and make mistakes. I will do my best to learn from them but not dwell on them.
- I commit to being a team player - encouraging my teammates and cheering them on regardless of my own playing time or performance.
- I understand that athletics and competition are a great way to learn about leadership and life and while they are important, this is not the most important aspect of my life.

**SIGN
HERE**

OUR FAMILY ATHLETIC COMMITMENTS

Parent(s)



Athlete



SIGN
HERE
