

FAMILY DISCIPLESHIP PLANNER

FIND YOUR RHYTHM & COMMIT TO SCHEDULE

Developing or maintaining a rhythm of family discipleship in the home can be challenging when summertime rolls around. Use this planning resource to help your family be intentional about scheduling time for discipleship. Begin by gathering your family to pray and discuss your upcoming rhythms and commit to scheduling time on the calendar.

1

FIND YOUR RHYTHM



MORNING



MEALTIME



DRIVETIME



BEDTIME

Leveraging the natural rhythms of your day for family discipleship is key. Circle the time(s) that work best in your family's rhythm.

2

COMMIT TO SCHEDULE

THE BEST DAY FOR OUR FAMILY TO GATHER IS:

Check which days work best.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

WE COMMIT TO GATHERING ON THE FOLLOWING DATES AND TIMES:

Gather your family and schedule the days and times you will meet over the next 6 weeks. Put them on the calendar before you end your time together.

WEEK 1: _____

WEEK 4: _____

WEEK 2: _____

WEEK 5: _____

WEEK 3: _____

WEEK 6: _____

Want to set specific goals this Summer? Go to empoweredhomes.org. Download the Summertime Goals: Building Habits for Growth.

